## **BIG TIDE RISE** SWEPT BATHERS

Two Soldiers Drowned and 11 Other Persons Missing at Ocean Beach, Calif.

SIXTY RESCUED FROM THE HEAVY SEA

Such Peculiar Formation of Tide Rip Was Never Known Before

San Diego, Cal., May 6 .- Two soldiers were drowned and 11 other persons are SETS NEW RECORD missing as the result of a terrific tide rise late vesterday at Ocean Beach, a resort 12 miles from San Diego. Sixty

persons were rescued.

The known dead are: Hugh E. Burr, machine gun battalien, Camp Kearney; home, Deming, N. M. Charles Humphreys, Bakery company,

Camp Kearney. The missing: Sergeants Hauber, Emerson Donaldson, Corporal Eravella Taylor, Privates Fred W. Sanborn and Ralph Brady; H. P. Hanson, naval air station, North Island; C. L. Pollitt, radio station, Point Loma; L. P. Killingsworth, sailor, San Diego, and two civilians.

Soldiers, sailors, life guards and police men hauled bathers out of the surf until the rescuers were exhausted. Three lifeboats were capsized in the heavy According to Ocan Beach inhabitants, the peculiar formation of the tide rip never was known to have occurred at the

#### WAR CONFERENCE PLANS.

#### And the Speakers to Be at Montpelier on May 10.

The conference to be held at the city hall, Montpelier, on May 10, is designed to give an opportunity to active war workers to meet, exchange views and co ordinate their plans. There is not a state that has held a war conference without bringing the counties closer together, injecting renewed efforts into counties that were lagging, and without spurring on to even harder efforts and a better co-operation with the state com-mittee those which were playing a big part in the state defense work.

This meeting will be held under the auspices of the national speaking bureau of the committee on public information, assisted by the council of national defense through the state councils section although the Vermont committee of public safety will be sponsor for the ex-pense and largely for the practical details of the meeting, it being understood however, that each organization will furnish the public safety committee at this office with information as to how many delegates they expect to furnish, eating arrangements, etc.

It is especially desired that the Ver mont committee of public safety should be represented from every town and city. If any committee is unable to find a delegate because of the expense, we ask each organization to send at least one representative from there.

All federal war agencies operating in Dartmouth Vermont are requested to have their representatives present at the war conference. The energies of all war organiza tions, state and national, should be centered for the time being in this effort. hall in the afternoon, followed by

meeting in the evennig. The following speakers will address the conference: Major Rutledge Smith of Nashville, Tenn., who has devoted practically his whole time to the work of the council of national defense, and who is an energetic and able speaker, and has done most excellent work in the organization and cooperation of the work in different states.

Arthur E. Bestor, who is president of the Chautauqua institution of Chautauqua. N. Y., and who has charge of the speaking division of the committee on of war and secretary of the navy. He is in close touch with the leaders of the tioned individuals all working together. governmental and private patriotic or- When the demand for such national acganizations and his work in connection tion comes individuals have to lay aside been highly commended.

against the inhuman policies of starvation, slavery and murder which the Ger- tional action, man government not only practiced but Mr. Walcott threw himself heart and administration, and his address will be extremely interesting and beneficial.

Rev. Laughlin MacLean Watt, a "highlander," who has recently returned from the front after three or four months' service, and after a leave of absence he was transfrred to the "Black Watch. Rev. Mr. Watt is in the United States to give to the American people his ob servation of the war and the problem the allied cause is confronting. dress will be one of the leading addresses

# **HEAD DISFIGURED** WITH RINGWORMS

#### Inflamed and Sore. Itched Causing Her to Be Cross. Cuticura Healed.

"My little girl had ringworms on her head, and they kept coming until she had eight on her head. The eruption was inflamed and sore, and itched causing her to be very cross and fretful. Her head was disfigured and her hair all came out

in places as large as a fifty-cent piece. "I saw a Cuticura Soap and Ointment advertisement and I bought them. In shout one week her head was all healed." (Signed) Mrs. John Kennagh, R. F. D. 3, Bethel, Maine, June 24, 1917

Cheap soaps, harsh soaps, course strongly medicated scaps are responsible for half the skin troubles in the world. Use Cuticura Soap exclusively for all

Sample Each Free by Mail. Address post-card: "Corieura, Dept. H. Besten." Sold everywhere. Scap Esc. Obnacent 25 and 30c.

## NEED OF IRON NOW

Ailments Due to Insufficient Iron Com-Iron is an essential constituent of pure

and healthy blood. Peptiron, the new iron tonic, combines physicians prescribe.

It is a wonderful corrective of anemia paleness, languor, nervousness, whether caused by hard work, worries, too close confinement indoors, or any other cause Peptiron will multiply the red corpuscles in your blood, tone your nerves, improve your color, aid your digestion, and restore the health and strength that you must have for the cheerful performance of daily duties.

Peptiron is in the form of pills, chocolate-coated, pleasant to take, prompt in effect and economical.

Your druggist knows the great merit of this nux and iron preparation and will be pleased to supply you.-Adv.

### IN SHIPBUILDING

5500 Tons Steel Collier is Ready in Record Time of Twentyseven Days.

Washington, May 5.—A new world's record in shipbuilding was established yesterday at 10:30 when the steel collier Tuckahoe, of 5500 tons dead weight, was launched at the yards of the New York Shipguilding company at Camden. The keel of the ship was laid April 8. and when the boat was put into the watter, just 27 days, two hours and 50 minutes was used in the construction.

The world's record up to this time has been held by the Skinner & Eddy ed pany of seattle, which haunched an 8800, on steel freighter in 55 days.

In many respects, however, the feat accomplished in building the Tuckahoe is a more remarkable one than appears from the figures. Not only has the hull been completed, but the boilers are in the engines installed, masts stepped, funnels in place, propeller fitted and rudder hing. It is estimated that the ship can be completed and delivered for service 15 days after the hunching. thus establishing a record of 42 days from the laying of the keel.

The launching was made the occasion of a celebration, and President Wilson has written a letter to the workmen and executive staff of the New York Shinbuilding company which will be read Chairman Edward M. Hurley of the United States shipbuilding board and Charles M. Schwab, director-general of the Emergency Fleet corporation, will made addresses. The ship tened by Miss Helen Hurley, young daughter of Chairman Hurley.

The Tuckahoe is 330 feet long, beam of 50 feet, and will make a speed of not less than 101/2 knots an hour

### GODDARD SHUTS

OUT RESERVES

Hanover Satur-

Hanover, N. H., May 6.—Goddard sem-nary of Barre, Vt., shut out Dartmouth Reserves, 11 to 0, Saturday afternoon Evans allowed only two singles. The And Save Vast Amount of Labor in

...123456789-RHE Innings 2 0 0 3 2 3 0 1 0-11 16 1 Foster and Gilchrist.

### LOCK THEM UP!

The meeting will be held at the city By Burges Johnson of The Vigilantes, number an army in themselves now, to appeared in a New York paper a cartoon by Cesare depicting Uncle Sam rising from his chair, with a look of mingled annoyance and determination on his face, and reaching for an old musket and powder horn, as he says, "And I had so many more important rulings, decisions, reg other things to do!" It was true—all ulations, proclamations, orders, etc., etc. over the country there were people who felt a certain impatience with the obtruding duty of war that upset so many plans and seemed to retard so much of individual progress and effort.

But there is occasionally some great a nation of enlightened, honest inten-Frederick C. Wolcott of the food ad- the nation's duty is accomplished. While letter writing; the unnecessary congesmniistration. Mr. Wolcott's experience in this great national crusade is in process, the suffering in this country during the rests upon each citizen the moral obliga-German invasion, stirred his indignation tion to avoid petty criticism and any other sort of behavior that retards na-

For it is astonishing how much reavowed. Returning to America, tarding can be done by a single individsoul into the national service of the food much; neither does one grain of sand otic service. count for much when it is thrown into the works. Every kicker, every smallminded critic, every weaver of false ru-mors, whether he is German paid or whether he is egged on only by a bad digestion, is just so much sand in the works. We have a perfect right to make him keep still until after the war. He may yell "Freedom of Speech" all he tary situation has been abandoned and likes. We need not mind that. It is the announcement of Secretary Baker's new things that he whispers which we object to, and we have a right to stop his whis. quate and authentic news of American pering or put him where the whispers cannot be heard.

Has he not a right to talk of peace? A right! I do not believe that he has explained last night that the new puby rights or that I have any rights to licity policy was nearing completion but anything that conflicts with the efany rights or that I have any rights to fective carrying out of our national pur- niques would take. It is believed, pose. There are some ways of talking ever, an official daily summary dealing IT'S YOUR LIVER! about peace which can do no barm, and may do good. But there are other ways, and these are the ways of the hired propagandist, which any sane and pa triotic citizen can recognize as harmful-

as so much sand in the works. We are all in this war, and certain jobs have been assigned to certain groups of us. By a method considered expedient and just, some have been selected to fight in Europe. In many ways they may be considered fortunate and enviable. But their selection for that job does not mean that everyone else is ou of the fighting. The young men and the young women in Europe are at the business end of the machine. The motor power, the driving force, is all generated at this end, and we are all somehow in volved, pulling levers or feeding in the fuel or collecting it, or keeping the books,

or what not. When you look at the whole national crusade in this light, you begin to feel less lenient toward the man who sits on the fence and watches, while as for the rumor monger, the anti-draft agitator, and the peace propagandist who are throwing sand into the machinery, your feelings demand some translation into action. Lock him up for the duration of

# BRITISH BOMB GERMAN POSTS

iron with nux, celery, pepsin and other blood and stomach tonics that successful Nine Tons Were Dropped by the Aviators on Saturday

BROUGHT DOWN

Two British Machines Did Not Return from the Expedition

London, May 6 .- The official statement on aerial activity issued last night by the war office reads: "Nine tons of bombs were dropped on the Chaulnes railway junction, on Rap-

aume, Armentieres, Merville and Estaires "One hostile machine was brought down by our aviators and four others were disabled. Two of our machines are missing. Two of our machines missing since May 3, have since returned. "In the evening more than three tons of bombs were dropped on the Chaulnes railway junction and on the Bapaume. All our machines returned.

#### MAKING OUR OWN BASKETS.

Conditions Have Forced United States Into New Activity.

almost exclusively on her own resource for a supply of baskets, it is revealed in a report of an investigation of the industry made public by the tariff com-

Importation of cheaper baskets vir-tually has stopped. Prior to the war Germany was the largest maker of the ommodity for the American trade. Then Japan, which had taken up the task aft er the blockade of the German coast, was compelled to relinquish a large export trade in baskets to this country because of an increase in ocean freight

rates from \$3 to \$30 per ton. In this country, says the commission's report, scarcity of labor, strikes, in-creased cost of material and higher vages have resulted in a rise in price of the finished article from 100 to 200 per cent. As a result, many of the large ommercial consumers are turning to substitute containers made of papier-ma he, pastboard and wood veneer.

Willow and rattan basket-making in this country is chiefly a household industry. The manufacture of splint, or wood veneer baskets is carried on in factories. and in this line the American manufacturer has no competition from abroad. Liverpool, N. Y., with the sole exception of New York City, turns out more will-Dartmouth Nine Defeated 11 to 0 at low baskets than any other place in the country. A pre-war output of between 10,000 and 15,000 dozen annually has been exceeded materially in the last

### READ U. S. BULLETIN. Washington.

Owing to the enormous increase of .0 0 0 0 0 0 0 0 0 0 - 2 2 2 government war work, the governmental Batteries, Van and Mahoney; Kadison, departments at Washington are being flooded with letters of inquiry on every conceivable subject concerning the war. and it has been found a physical impossibility for the clerks, though they Shortly after we declared war there give many of these letters proper attenion and reply. There is published at Washington, under authority of and by direction of the president, a government newspaper—The Official U. S. Bulletin. This newspaper prints every day all the more important rulings, decisions, regas they are promulgated by the several departments and the many special committees and agencies now in operation at the national capital. This official journal is posted daily in every postoffice in the United States, more than 56,000 in public information under the secretary task that only a nation can accomplish, number, and may also be found on file at all libraries, boards of trade, and chambers of commerce, the offices of mayors, governors, and other federal of By consulting these files most with the various state organizations has some individual things. They cannot be questions will be found readily anallowed to work at cross purposes until swered; there will be little necessity for tion of the mails will be appreciably re-Belgium and Poland while serving with there is justification for many measures lieved; the railroads will be called upon the commission in the attempt to relieve that restrict individual liberty, and there to move fewer correspondence sacks, and the mass of business that is piling up the government departments will eased considerably. Hundreds of clerks, now answering correspondence will enabled to give their time to essentially important war work, and the public will ual. He does not have to count for have performed a fundamentally patri-

### NO MORE REVIEWS.

War Department Gives Up the Weekly Statements.

Washington, D. C., May 6 .- The war department's weekly review of the mili tary situation has been abandoned and plan for furnishing the nation with ade roops in France is expected shortly.

In making known its intention to abandon the review the war department almost exclusively with activities of American troops will be given out.

#### RADWAY'S READY RELIEF Don't Stay Constipated with Breath Bad, STOPS PAIN For Rheumatic - Muscular or Neuralgic Pain

Pour a quantity of Radway's Ready Relief in the hollow of your hand and rub over the part of the body affected. The rubbing distributes the fluid, opens the pores of the skin, starts the circula-tion of the blood and soothes the patient.



FOR THE RELIEF of stomach and bowel palus, nervous chills, indigestion, faintness, diarrhoea, cramps in bowels.

RAUWAY & CO., Izc., 28 Centre St., NewYork.

#### SENATE PASSES TO GIVE HEED SEDITION BILL Adopts Conference Report on Drastic

Measure by a Vote of 48 to 26.

bill to penalize severely disloyal acts and utterances and interference with Liberty loan sales and the army draft, ended late Saturday in adoption of the conference report on the measure by a vote of

The House is expected to agree to the IN FRAMING PLANS eport next week.

Opponents of the measure who have entended that freedom of speech and the press would be curtailed lost their stmaster general authority to withhold mail believed to violate the espionage laws and to restore the France amendment excepting from the law truthful statements made with good mo-

The bill was initiated a year ago and provides maximum penalties of 20 years' redraft of the army appropriation bill mprisonment and a \$10,000 fine, or both, for a wide variety of disloyal acts. It carrying \$15,000,000,000 to provide for amends the espionage act and, with the 3,000,000 men during the coming year, al conditions, faulty woman spying hill recently passed, the House military committee to-day in plane, sudden fright dicated an intention to make a careful or mere recklessness. by the department of justice as neces- investigation of ordnance and aviation sary to clothe the government with pow-er to deal with sedition and disloyalty Although members did not appear inand prevent mob violence which has re-clined to oppose any appropriation esdisloyal utterances.

officials have been the principal argu- ping, training and transporting them. ments of those opposing

oining a majority of the Democrats in called to testify. States Into New Activity.

Washington, D. C., May 6.—War conditions have forced America to depend Reed of Missouri, joined with 24 Republicans in opposition

#### EX-NEWSBOY OF LONDON HAS WON FAME

By Splendid Actions on the Field of Battle, Where He Served as Stretcher-Bearer-He Has Been Awarded the Military Cross Twice.

Behind the British Lines in France, ciated Press). One of the familiar characters of pre-war days in London was a street-Arab newsboy who sold papers outside one of the hotels most frequented by American visitors. Delighting in the laws are inadequate and to follow, in admiration of visitors as a master of world's events and caustic replies to pe-

now in his khaki uniform, with a ernment in respect of the Mexican prized military cross. His comrades of reasonably suspected it, he would be covered with ribbon from head to foot of his diminutive body.

Too small to go into the army by the in the war legislation of the United regular channels, Tich, after several States. ers in a report to headquarters of him, Cheerfulness, courage and devo. was declared against Austria-Hungary as much a part of his equipment as his concerning Austro-Hungarian alien enhaversack and his water bottle

Tapley probably looks less like a hero than any other man in his battalion, But his caustic, good-natured humor, which was little more than an amiable diversion in civilian life, became an invaluable asset in the trenches, keeping up the free to come and go. No argument morale and optimism of the whole battalion. His officers find themselves conletter a short time ago:

"His gospel, whether consciously not, is the gospel of cheerfulness, and in ference of important military informapractice it works out that his spirits grow lighter in proportion as dangers and discomforts grow heavier. His jests has ruled that neither the president nor in time of stress provide just the electric the executive departments have power to spark that turns the hearts of men from curb the general departure and entry of gloomy pessimism into luminous defi-

The ex-newsboy has the reputation, from Lens to St. Quentin, of being absolutely fearless. In his work as stretcher bearer, he goes busily about among the falling shells, always whistling a popular tune, with an ever-ready work of He is generally looked upon cussion. as one who bears a charmed life, for he on Feb. 26, 1918." has never received even a scratch, and

orations under heavy shell fire in the chalk pit north of Loos, when, single-handed, he bandaged and carried to a safe part of the trench all the wounded of his own company and several from a neighboring battalion.

## FAIR TO-DAY, THEN RAIN.

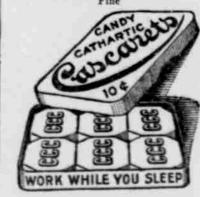
Warmer Early in the Week with Little Change in Temperature Thereafter. Washington, May 5.-Weather predic-

ions for the week beginning to-day issued by the weather bureau are: Fair Monday; showers Tuesday tricts and little change in temperature and discontent. It is obviously

### YOU'RE BILIOUS, HEADACHY, SICK!

Stomach Sour and Head Dull

Enjoy Life! Liven Your Liver and Bowels To-night and Feel Fine



Washington, May 6.—Protracted con-troversy in the Senate over the sedition Aviation Work Is Also to Be Considered by Con-

gress

FOR BIG WAR OUTLAY

fight to strike out a clause giving the Some Opposition Expected to Unlimited Army Program

sulted from the department's inability sential to a successful prosecution of the to obtain convictions of persons making war many wanted to know what has The landing plane is going much faster been done with appropriations already than the one just "revved up." The That the legislation is unnecessary, made. Some opposition was expected to pilot just starting up must be careful unconstitutional, too drastic and confers the administration's plan to limit the not to misjudge his start and thus be wide discretion upon administrative armed forces only to capacity for equip-

John D. Ryan, newly appointed head The final vote Saturday was along of aircraft production and others con-non-partisan lines, many Republicans needed with the airplane work were

TO PREVENT SPIES

#### Government to Exercise Supervision of Travel of American Citizens, If Bill Goes Through Congress.

Washington, D. C., May 6.-Super rision of travel of American citizens so as to guard the country against operations of spies and other enemy agents is to be provided under the broad powers conferred by a bill pending in the House, with the administration and the foreign affairs committee as its sponsors. It intended to give necessary supplemental authority to the government to watch its borders and act quickly where present

nickname "Frog-faced Tich." he won the principle, at least, the precautious taken by the warring governments of Europe. epartee, varying his nightly refrain of Need of the legislation is considered All the Winners" and "Orrible Mur. pressing. Recently there have been nu-Need of the legislation is considered with ironical comments on the merous suspicious departures for Cuba which it was impossible for this governdestrians who ventured to bandy words ment to prevent. Other individual cases of entry and departure at various points with him as they passed.

Persons who knew Tich Tapley in the have excited the greatest anxiety. days would scarcely recognize him is particularly true, according to the gov "crowned" ribbon on his breast indicat. der, passage across which cannot legally ing that he has been twice awarded the be restricted for many types of persons the London regiment, moreover, declare that if he had been awarded a medal on every occasion on which he has merited measure. It is intended to stop what Chairman Flood of the House foreign affairs committee, calls "an important gap

As soon as this country entered the trials, was accepted as a stretcher bearer as soon as this country entered the drilled in aerial dynamics. In the London regiment. At the front, war the president provided by proclama. Lieut. Chase declared to tion. that German alien enemies might latest. Chase declared that "air poctor of the most popular men in the regiment. One of his officers, in a report to headquarters, said without securing permission. When war securing permission. When war securing permission without securing permission. tion to duty, and disregard of danger are similar regulations were promulgated

"This measure of limitation of foreign travel was far from sufficient," House foreign affairs committee reports. The trading with the enemy act leaves American citizens and neutrals perfectly necessary to indicate the probability that Germany will, wherever possible tinually paying tribute to his usefulness employ renegade Americans or neutrals One of them wrote in a us her agents instead of employing Ger mans about whom suspicion would easily he excited. The danger of the trans-

travelers. New legislation is the only remedy. In his address to Congress on Dec. 4, 1917, the president emphasized the necessity of creating 'a very definite and and become expert, the total is surprisparticular control over the entrance and ingly small departure of all persons into and from The department of the United States. sympathy and encouragement for the justice drafted the bill now under dis-It was introduced in Congress

Citizens need not secure such permits his very presence is regarded as a mascot, as are required of aliens, but must bear of 200 pounds. Tapley won the second of his two dec-rations under heavy shell fire in the to be issued as at present by the department of state, and there is no reason to believe, according to the framers of the bill, that any American citizen will be "Yes, dear."

"And they have wings and fly all unduly inconvenienced by these restric- around everywhere, too, don't they?" she

While the power vested in the president is broad and comprehensive, the bill defines all the infringements of its terms which may be criminal. The bill places and fly all about folks will think you are a maximum limit beyond which its penal a Zeppelin."-Irish World. provisions may not be carried and requires that all rules, regulations, and or-

Wednesday; generally fair remainder of adopted by hostile nations to secure miliweek: warmer Monday over interior dis- tary information or spread propaganda ticable to appeal to Congress for further legislation in each new emergency. Swift executive action is the only effective counter stroke."

> Dressing for the Danger Zone. In the May Woman's Home Compan ion Margaret Deland gives this amus-

danger zone: "We were really a funny sight: Chil dren enfoided in life preservers from knee to chin, fat ladies squeezed into cork jackets so that their stuck out like the wings on roast chick ens. This gentlemen, winding the sur plus boards about their spare waists 'For the lord's sake!' cried a slender clderly man, 'can't somebody take a reef this contraption?" Two very forehanded, serious persons had brought with them a queer sort of inflated non-sinkable costume. They waidled up on deck and took their places beside the boat which was to be theirs 'en cas de l'aban-

donment du navire." "The walrus and the carpenter," somebody whispered in my ear and then croup or cold troubles. VapoRub comes and an application at bedtime prevents a chortied maliciously when the pursuer in saive form and when applied over the night attack.

All mothers are urged to take advantaged courteously: No such suits could throat and chest the body heat releases.

All mothers are urged to take advantaged to the 30 day trial offer now being be worn if the undesired circumstances the ingredients in the form of vapors, tage of the 30-day trial offer now being arose, because they would take up as much room as two persons in the life-hoat.' Tow 'em behind,' the mocking role suggested.'

These vapors, inhaled with each breath, made by the local druggist and see for hoat.' Tow 'em behind,' the mocking role suggested.'

NO ADVANCE IN PRICE — 250, 500, \$1.00 —Adv.

#### MANY REASONS FOR AIRPLANE CRASHES

TO ORDNANCE Too Often Only the Dead Flyer Ever Knows Just What Sent His Machine to the Ground, But Oftentimes It is Mechanical Defects.

> Dallas, Tex., May 6 .- There is a reason for every aviation accident. Sometimes it is an obvious one but too often only the dead flyer ever knew what sent his machine crashing to the ground.

> Up to the middle of April there had been 86 fatalities in the six Texan aviation camps and in many of the accidents that caused them no one knew just what unexpected condition, just what weakness in man or material had developed high in the air. Fort Worth with its three aviation fields and its preponderence of flyers training under the British officers in the Royal Flying corps had 49 deathscup to April 17; Houston was next with 16.

Crashes may be due to misapplication of rules, unfamiliarity with pecular aerial conditions, faulty material in the nir plane, sudden fright seizing the aviator

In flying there are no brakes to apply. The pilot must be alert and ready any emergency. A plane just leaving the field has the advantage over a plane about to land in an impending disaster. overtaken by a plane that is powerless

to avoid the crash.

Machines passing in the same direction should have an interval of at least 200 yards to insure safety against collisions. When they are passing over and under, they must pass at a distance of at least 50 yards and those approaching a head on pass must have at least 150 yards between them. IN UNITED STATES

One of the most common reasons f accidents, as given by instructors, is dis-obedience of orders. At a certain height and going at a certain well defined speed, so many loops or dives or whatever man-uever is to be adopted, may be made with safety. If the aviator disregardthe laws of mathematics in which are has been drilled and undertakes one more loop, the consequence may prove fatal.

Landing in a cross wind is highly dan

gerous. It frequently causes the plane to turn completely over and pins the ilot underneath the heavy engine. There have been numerous deaths flight commanders say from pilots I sing their nerve. The driver finds he has lost control of his engine, makes a franic effort to right the plane, fails the first time, lapses into unconsciousness and the plane falls to earth at such terrifice speed that the aviator is gend efore he reaches the ground

During their periods of instruction cadets about to fly are given a strict course to follow in the air. The location which some airplanes have fallen in licated that the cadets, once up in the air, disregarded their instructions and ollowed their own sweet will. According to the rules of the air if each plane has kept its course, under normal condiions collision with another plane is not

Lieutenant C. S. Chase of Ellington eld, Houston, recently described some of he hazards and duties of an airman, per pound. Immediately following the first exercises the students develop their sense of balance and stability, they are

Lieut. Chase declared that "air poc-

hot and cold waves in the air. A plane ascends in warm currents and falls cottage cheese is equal to about: cold currents. Forests and wet grass and trees make cool air; level stretches where the sun shines contain warm nir. An aviator must understand meteorogy, photography, wireless telegraphy and be a master of machine-gun fire. comes a flying cadet and wears a white hat band, he gets his first ride aloft. After a few trips he does "solo," that is, about: of his training. Next he flies in forma. of veal, 7 ounces of lamb. tion and then on cross country trips where he is compelled to land guided only by maps and instruments. Then its energy value,

chine-gun fire and other special training which increases his usefulness as one of the "eyes of the army." Officers commanding the Texas camps, Bill?" while deploring the fatalities that have this high cost of living on the salary he accompanied the training of Uncle Sam's gets. I've cut out the wife's weekly flyers, say that, in comparison with the matinee, countermanded her new suit

Auntie as an Angel. Quite recently Barrie, an inquisitive ars and stop my club dues."-Boston little miss, was out walking with an Traveler. aunt who weighed something in excess "When good people die they go to

heaven, don't they, auntie?" the little

persisted. "Yes." returned the aunt. "Well, auntie," the little child finally said, "I bet when you die and get wings erest Hun robber in London.

### See Our Guyer and Stetson Hats

If you want the best combination of up-to-date style and genuine value, you cannot go wrong by investing your hat money in headwear. of either the Guyer or Stetson makes.

The new styles in soft hats for summer are especially attractive and are adaptable to every sort of taste.

Come in and try on a few of these fine hats and eliminate all disappointment in hat-buying.

Moore & Owens Leading Clothiers

Food Values of Cottage Cheese.

People have been making and eating cottage cheese for a good many years, but it is doubtful whether or not they have given much thought as to the food value of it

Cottage cheese is a high protein food. and one of the important meat substi tutes. It contains a larger percentage of protein, pound for pound, than do most meats and at a much lower cost. In every pound of cottage cheese there s about three ounces, or one fifth of pound of protein, practically all of which is digestible. Means have a certain waste, such as bone and gristle, and usually contain less protein; and it is a well known fact that meats cost more

Protein is the chief body-builder; and t is needed in the system to repair and make new muscles, tissues and hone, A pound of cottage cheese daily will furnish the protein necessary for the

For supplying protein, one pound of pounds of beef, 11/2 pounds of pork, 13/2 pounds of fowl, 1 1-3 pounds of veal

1-3 pounds of lamb. For supplying energy to the human body, cottage cheese is not equal to the various kinds of meats, pound for pound. Lieutenant Chase added. When he be, but it is a much cheaper source than most meats at the present prices. One pound of cottage cheese equals

8 to 11 ounces of beef, 11 ounces goes up alone, the most important part of fowl, 5 to 6 ounces of pork, 13 ounces The addition of a little cream or butter to the cottage cheese will increase

Est more cottage

### comes his higher development with ma. cheese; save meat!

you reducing your expenses, "Indeed I am. A man can't stand number of men who have been trained discharged the nurse, made the kids give up moving pictures and ice cream, stopped the high price milk for the baby and chloroformed the cat to save its liv ing expenses. And if this sort of thing keeps on I may have to stop buying eig-

Heard in an Office. "What's the use of kicking? Garfield can't be stopped."
"Well, he could be arrested for giving aid and comfort to the enemy, couldn't

he?"-Boston Transcript. Had Him Spotted.

"Phew! They have captured the clev-"Great Scott! Which hotel did he keep "- Cassell's Saturday Journal.

# ders shall be reasonable. "No one," says Mr. Flood, "can foresee the different means which may be adopted by hostile nations to secure mili-With "Outside" Vapor Treatment

Local Druggists Have Imported the Invention of a North Carolina Druggist That Relieves Croup and Cold Troubles by External Application.

You Can Try a 25c Jar on 30 rect to the air passages and lungs. At Price if You Are Not Delighted with the Test.

the children with nauseous medicines for is usually relieved within filteen minutes

the same time VapoRub is absorbed Days' Trial and Your Druggist through and stimulates the skin, taking Will Refund the Purchase out that tightness and soreness in the

VapoRub has a hundred uses in the home-for deep chest colds, sore threat, bronchitis or incipient pneumonia just apply well over the throat and chest and over with a warm, flannel cloth. For Every mother breaths a sigh of relief head colds, hay fever, asthma or ca-when abe first tries the North Carolina tarrhal troubles VapoRub can either be treatment. Vick's VapoRub, and finds applied up the nestrils or a little melted that it is no longer necessary to "dose" in a spoon and the vapors inhaled. Croup